

# Fertility Awareness 101 for Pregnancy Help Centers



**Brand:** Heartbeat Academy

**Product Code:** 20

**Price:** \$19.95

## Short Description

This course offers continuing education contact hours for nurses. Provider approved by the California Board of Registered Nursing, Provider Number CEP 16061 for 1.0 contact hours.

## Description

In this training we'll take a closer look at Fertility Awareness Based Methods (FABMs), including how they work and their efficacy for avoiding pregnancy. Using information from FABM charting and applying medical principles, we'll also look at how these methods can be used to solve problems in women's health such as infertility, recurrent miscarriage, irregular cycles, and even PMS.

This course offers continuing education contact hours for nurses. Provider approved by the California Board of Registered Nursing, Provider Number CEP 16061 for 1.0 contact hours.

Course published in 2020