Can Her Cycle Tracking App Pass Sex Ed?

Brand: Heartbeat Academy
Product Code: 1405

Price: $14.95

Short Description
Nearly 70% of Gen Z report giving Cycle Tracking apps a try - but do our patients have the underlying Body Literacy knowledge to understand what they are tracking and why? Personal experiences make expert knowledge come to life as Chelsey Painter Davis and Katie Vidmar highlight both the power and the pitfalls of Cycle Tracking apps, and define the underlying knowledge young women must have in order to use these new technologies well, and not be used by them.

Presented by Katie Vidmar and Chelsey Painter Davis

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