

Cultivate Resilience and Beat the Burnout

Brand: Heartbeat Academy

Product Code: 1172

Price: \$14.95

Short Description

This workshop equips leaders with practical strategies to cultivate resilience, enabling them to effectively combat burnout and maintain their well-being. Participants will learn actionable tools to not only survive but thrive in the face of challenges, fostering sustained success in their leadership roles.

Presented by Jacqueline Heider

Description

This workshop equips leaders with practical strategies to cultivate resilience, enabling them to effectively combat burnout and maintain their well-being. Participants will learn actionable tools to not only survive but thrive in the face of challenges, fostering sustained success in their leadership roles.

Presented by Jacqueline Heider